Newsletter October 2022



Dear $[FNAME|Member]$,

Welcome to our November Newsletter and I hope you are keeping well.

Kind regards,

Mary



Paddy's calender

Placeholder for Paddy's calendar...

Get Now

Upcoming Events

ASSISTIVE TECHNOLOGY IN THE HOME

EOPD.ie are delighted to host a talk by Leahnora Clohessy, Senior Occupational Therapist Memory Technology Resource Room (MTRR), OT Dept, Heather Unit, St Joseph's Hospital, Ennis To give information on ASSISTIVE TECHNOLOGY IN THE HOME

Date: Monday 28th of November
Time: 07:00 pm
Location: online via zoom

Click the button below to register and receive log in details.

Click to Register



Online Social

Join us on Zoom to meet other members from around Ireland. Includes our usual break out rooms so people can chat in smaller numbers.
Date: Tuesday 13th of December
Time: 7:00 to 8:00 pm
Please click on link to register and receive log in details.

Click to Register

Exercise Classes

Parkinson's Exercise class

See video below of **New Ross class**, which is on every Wednesday at 12.00.
Please email info@eopd.ie for more details or ring 01-5252994.

View Video

Activator Pole Class

Rua Red, Tallaght.
This class has changed to every **Thursday** at 10.00am.
It is conveniently located beside the Luas.



See Dates and Info

Facebook Instagram Twitter Email

Our mailling address is:
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