

Dear Denise,

Welcome to the May newsletter from EOPD.ie.

This month's newsletter includes:

- EOPD.ie Calls to Action for Local and European Elections
- Survey on Travel Experiences
- Change to time of University of Limerick Online Exercise Class
- IPPOSI launches call for jurors to join its Citizen Jury
- Parkinson's Europe have launched their 'Summer of Sport' Campaign
- Information on The Hospital Saturday Fund
- Listen to Rock Steady Boxing Coach and Occupational Therapist, Neil Walsh, speak on Phoenix FM.
- Thank You to Norita Doyle for her Motorcycle Road Run Fundraiser for EOPD.ie

- Move4Parkinson's Support Group and Functional Movement
- Move4Parkinson's Open Choir Rehearsal
- AHEAD Building the Future employability event, 29th May
- World Parkinson's Congress, 24th - 27th May 2026
- Exercise classes

We have been making some changes to the website recently, including moving a few sections. Sorry if this causes any confusion. If you have any questions or comments, we would be more than happy to receive feedback, email info@eopd.ie or 086 103 0266.



EOPD.ie Calls for Action Local and European Elections

Access to Neurologists! We call on the Government for the funding of education of medical, allied healthcare and community professionals of the diagnosis and symptoms of Parkinson’s. This includes: General…

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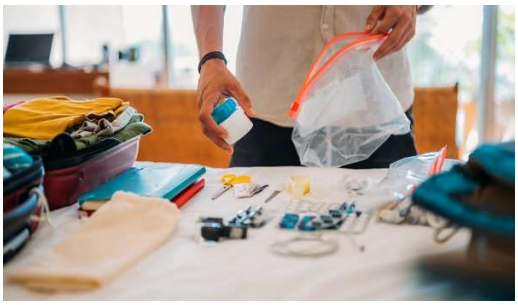

Travel Post

With the summer holidays approaching, we would like to remind people of the Travel Tips that are on our website: Travelling with PD – EOPD – Early Onset Parkinson's Disease…

Read more...

Survey



Survey on Travel Experiences

Read more...

Information

Class times for the University of Limerick online physical classes have been changed to Thursdays, 1.30pm - 4pm. If new members would like to join, please email info@eopd.ie and we will be in touch about getting the online class link.



Class Times Changed for Online Exercise Classes with UL - All Welcome

The University of Limerick students are once again kindly offering online exercise classes to EOPD.ie. The classes will now be held on Thursdays from 1.30pm – 4pm and will run…

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IPPOSI launches call for jurors to join its third Citizens' Jury on the use of AI in healthcare

Project Title: The citizens' jury will explore the question: "Should we increase the use of AI (artificial intelligence) in healthcare in Ireland?" Who is the organiser? TheIrish Platform for Patient Organisations,…

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Parkinson’s Europe ‘Summer of Sport’ Campaign

Parkinson’s Europe has a ‘Summer of Sport’ campaign which is now underway. Parkinson’s Europe have collected lots of information about sports and benefits for people with Parkinson’s and have added…

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The Hospital Saturday Fund

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance for registered health charities, hospices, medical organisations and individuals with a medical condition or disability. For…

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Listen to Neil Walsh, Rock Steady Boxing Coach

Neil Walsh, Occupational Therapist and Rock Steady Boxing Coach, spoke about the Rock Steady Boxing classes he runs in Dublin in Stillorgan (at Angels Boxing Club on Saturdays at 10am),…

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2024 Motorcycle Run Fundraiser for EOPD.ie



Thank You, Norita

In February, Norita organised a Charity Motorcycle Road Run in aid of EOPD.ie. It was a huge success, with a lot of fun had by all, as well as an…

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Events



Move4Parkinson's Support Group 10th June, 7pm – 9pm

Move4Parkinson's last Support Group and Functional Movement Session before the summer break will be held on Monday 10th June, 7pm, in Dundrum Pastoral Centre. The group is for people with…

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Move4Parkinson's Choir Rehearsal

Move4Parkinsons Voices of Hope have an open choir rehearsal on Thursday 30th May 2024, at Balally Parish Centre, Dublin 16, from 7.30pm – 9.15pm. If you are interested and would…

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AHEAD is an organisation that creates inclusive environments in education and employment for persons with disabilities. They are holding a careers event for students and graduates on the 29th May. See more details below.

AHEAD Ireland Building the Future 2024 – 29th May

GetAHEAD are hosting their annual unique careers event for students and graduates with disabilities, Building the Future. The careers event will be Wednesday May 29th, from 10am – 2pm, in…

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7th World Parkinson Congress, 24-27 May 2026 (WPC 2026)

It has been announced that the 7th World Parkinson Congress will be held in Phoenix, Arizona, USA from 24 – 27 May 2026. World PD Coalition will be in attendance…

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Exercise Classes



Personal Health Medical Exercise Clinic

Address: 16/17 Rathgar Road, Rathmines, Dublin 6. D06 X653 Combat PD: A class for people living with Parkinson’s Disease who want to improve their everyday function and reduce the impact of…

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The Sequel Way Faranfore Kerry

Faranfore, Co. Kerry The Sequel Way. Contact 0871151502 Class times Saturday at 12:00

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Farrell Fitness New Ross

New Ross, Co. Wexford Farrell Fitness. Farrell Fitness Class Address 27 Woodbine Business Park, New Ross, Co. Wexford Contact Robbie at 087 7759716 Class times Every Monday at 12:00 AM

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K&S Fitness Mullingar

Boxercise Class for Parkinson’s Mullingar Co Westmeath K & S Fitness. Contact Ken at 086 1676358 Class times Monday 9:30AM

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Dance Ireland – Dance For Parkinsons

Classes are Mondays at 12pm in DanceHouse and they are €5. You can find more information here:https://lnkd.in/eE-7P_YqIndividuals can also call 01 855 8800 for more information. DanceHouse is located on…

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Rock Steady Boxing Portlaoise

Rock Steady Boxing Classes Portlaoise please contact Mirek MidlandsUnit 13 B National Enterprise ParkPortlaoise, Co. Laois, Ireland R32 A588Email: midlands@rsbaffiliate.comPhone: 353-86-886-8403

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Exwell Exercise Classes

AboutExWell Medical Dr. Noel McCaffrey would like to welcome you to ExWell Medical (exercise for wellness with medical oversight). The rationale behind ExWell Medical is that a large proportion of…

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May – July Online Exercise Classes with UL

The University of Limerick students are once again kindly offering online exercise classes to EOPD.ie. The classes will now be held on Thursdays from 1.30pm – 4pm and will run…

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Dancing Well with Parkinson’s – 10 week in-person course and online classes

Live Dance Lessons organised by Dance Theatre of Ireland in association with Move4Parkinson’s, are running a 10 week course on Fridays, (from 19th April – 28th June), 12.30-1.30pm. These in-person…

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Rock Steady Boxing Dublin

Sat 6th April, 10 AM – Stillorgan Sun 7th April 11AM – Mulhuddart RBS Classes Focus on Overall Fitness Rocksteady Boxing Dublin offers cost effective, social and fun exercise classes

Read more...

Early Onset Parkinson's Disease in Ireland
Early Onset Parkinson’s Disease CLG 77 Lower Camden Street, Dublin DO2 XE80
Company Number 684095, Registered Charity Number 20206267 Revenue Number CHY22875

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