

Dear Denise,

Welcome to the March newsletter from EOPD.ie.

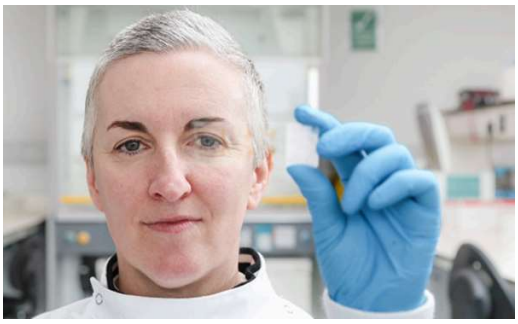
Last week, we were involved in the Brain Awareness Week led by Neurological Alliance Ireland.

Next month, we will be promoting Parkinson's Awareness Week, starting on World Parkinson's Disease Day, 11th April until 16th April. We welcome you to send us any events or activities that are planned and we will happily promote them on our website and socials. We would also love to get your stories to share with our community for Parkinson's week. If you are interested, we would be happy to chat further through email info@eopd.ie or call 086 103 0266.

We are delighted to see the updates from University of Galway, with Professor Eilís Dowd and team’s exciting discovery that could revolutionise stem cell-based brain repair therapy for Parkinson’s disease.

This month's newsletter includes:

- New Technique for Parkinson's stem cell brain repair brings promise for patients
- Congrats to Ian O'Brian for his win on Outsider Man of the Year Award
- Public and Patient Information Day organised by Royal College of Surgeons (RCSI)
- Returning online exercise class organised by University of Limerick students
- Launching new Rock Steady Boxing classes in Dublin
- The suPer Project, Parkinson's information online learning platform
- Tax Relief for drivers and passengers with disabilities
- The Primary Medical Certificate explained
- Parkinson’s UK, a request for information about focused ultrasound
- Walk along the Royal Canal, Dublin, 24th March at 2pm
- Exercise classes



New technique for Parkinson’s stem cell brain repair brings promise for patients

EOPD.ie is delighted to see the updates from University of Galway, with Professor Eilís Dowd and team’s exciting discovery that could revolutionise stem cell-based brain repair therapy for Parkinson’s disease.…

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Outsider Awards 2023 Winner

This week, Outsider announced the winners of the 2023 Outsider Awards, sponsored by Sport Ireland. The winner of the Man of the Year Award is the very inspirational Ian O’Brien.…

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Public and Patient Information Day, organised by Royal College of Surgeons

Royal College of Surgeons are holding a family friendly Public and Patient Information Day on Saturday, 13thAprilfrom 11am-1pm, at Royal College of Surgeons Ireland, St. Stephen's Green, Dublin, to increase…

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Launching New Rock Steady Boxing classes, Dublin, and Returning University of Limerick online exercise classes



University of Limerick Exercise Class returning Fri 5th April from 9am-12pm

This exercise programme is being run in conjunction with University of Limerick and EOPD. The class will be run online on Fridays from 9am-12pm, and the classes will start on…

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Launching April 2024 Rock Steady Boxing Stillorgan & Mulhuddart

Sat 6th April, 10 AM – Stillorgan Sun 7th April 11AM – Mulhuddart RBS Classes Focus on Overall Fitness Rocksteady Boxing Dublin offers cost effective, social and fun exercise classes…

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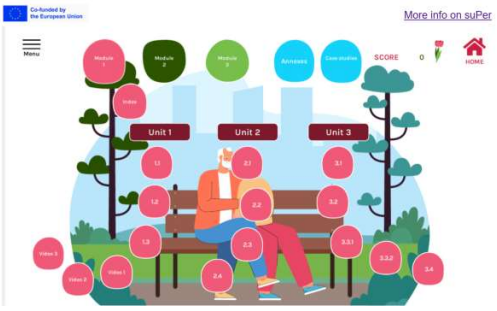
Projects



The suPer Project – creating an e-learning platform in the field of Parkinson’s Disease

The suPer project is a European collective funded under the framework of the Eramus+ programme. The suPer project aims to provide digital multidisciplinary training in the field of Parkinson’s disease....

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Information



Tax relief for drivers and passengers with disabilities

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Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

The Primary Medical Certificate (PMC) Explained

Everything you need to know about the Primary Medical Certificate – a declaration that the holder is severely and/or permanently disabled. A Primary Medical Certificate (PMC) simply confirms thatyou areseverely…

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Parkinson’s UK, a request for information about focused ultrasound

In the United Kingdom, there is currently a consultation by the National Institute for Health and Care Excellence (NICE) about the benefits of focused ultrasound therapy. Do you have any…

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Come Join Us



Sunday Afternoon Walk by the Royal Canal, 24th March at 2pm

Come along for a long walk by the banks of the Royal Canal on 24th March, at 2pm, 5km approx. EOPD.ie Chairperson, Kieran, will be taking a long walk following…

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Exercise Classes



The Sequel Way Faranfore Kerry

Faranfore, Co. Kerry The Sequel Way. Contact 0871151502 Class times Saturday at 12:00

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Farrell Fitness New Ross

New Ross, Co. Wexford Farrell Fitness. Farrell Fitness Class Address 27 Woodbine Business Park, New Ross, Co. Wexford Contact Robbie at 087 7759716 Class times Every Monday at 12:00 AM

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K&S Fitness Mullingar

Boxercise Class for Parkinson’s Mullingar Co Westmeath K & S Fitness. Contact Ken at 086 1676358 Class times Monday 9:30AM

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Dance Ireland – Dance For Parkinsons

Classes are Mondays at 12pm in DanceHouse and they are €5. You can find more information here:https://lnkd.in/eE-7P_YqIndividuals can also call 01 855 8800 for more information. DanceHouse is located on…

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Rock Steady Boxing Portlaoise

Rock Steady Boxing Classes Portlaoise please contact Mirek MidlandsUnit 13 B National Enterprise ParkPortlaoise, Co. Laois, Ireland R32 A588Email: midlands@rsbaffiliate.comPhone: 353-86-886-8403

Read more...



Exwell Exercise Classes

AboutExWell Medical Dr. Noel McCaffrey would like to welcome you to ExWell Medical (exercise for wellness with medical oversight). The rationale behind ExWell Medical is that a large proportion of…

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Personal Health Medical Exercise Clinic

Address: 16/17 Rathgar Road, Rathmines, Dublin 6. D06 X653 New Group Class SCHEDULE 2024 for Parkinson’s BIG Bootcamp: Bootcamp is for young people living with Parkinson’s Disease. It is a…

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Early Onset Parkinson's Disease in Ireland
Early Onset Parkinson’s Disease CLG 77 Lower Camden Street, Dublin DO2 XE80
Company Number 684095, Registered Charity Number 20206267 Revenue Number CHY22875

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