

Dear {name},

Welcome to Our August Newsletter

It has been another busy and exciting few weeks at EOPD Ireland!

Firstly, a huge thank you to everyone who joined us at our **Summer BBQ**. It was wonderful to catch up, welcome new faces, and spend time together as a community. The conversations we shared were incredibly valuable and have already helped shape our thinking for the months ahead. That's why we've launched our new **Member Survey**—we want to hear directly from you about

what matters most and ensure our future work continues to reflect the needs and priorities of our members.

One thing we've always believed is that **our members know what they need best**. You told us there was a lack of specialist exercise opportunities in Waterford—and we listened. We're delighted to have launched our new FREE **High-Intensity Exercise Programme in Waterford (Registration is Now Open, Classes Start Tuesday, 1st September)** and we're already working on exciting new exercise initiatives in other parts of Ireland. We'll have more to share in the coming weeks, so stay tuned!

We're also delighted to share **How to See People with Parkinson's**, a powerful new creative project led by EOPD community member and acclaimed Theatre Maker, **Martin Sharry**, alongside Artist and Activist, **Grace Dyas** and **Lynn Ruane**. This unique initiative invites people living with Parkinson's Disease to use their lived experience to help challenge perceptions, amplify authentic voices, and change how society sees Parkinson's.

Finally, as EOPD Ireland continues to grow, we're currently recruiting **Volunteer Board Directors** and a **Volunteer Treasurer**. If you share our vision of improving the lives of people living with Early Onset Parkinson's Disease across Ireland, we'd love to hear from you, or perhaps you know someone who would be a great fit.

In this month's newsletter you'll also find:

- 📝 **Our new Member Survey** – help shape the future direction of EOPD Ireland by sharing your ideas and priorities.
- 🚗 An update on the proposed **Vehicle Adaptation Scheme** and what it could mean for people living with disabilities.
- 🔬 An opportunity to support important **RCSI research** by sharing your experience of using the Produodopa pump.
- 🚴 A huge congratulations to **Brendan Treacy** on completing his incredible cycle from **Mizen Head to Malin Head** in support of EOPD Ireland. Read about his inspiring journey, watch the finish line video, and celebrate the fantastic **€3,445** he has raised for the charity.

As always, thank you for being part of our community. Everything we do is driven by our members, and together we're building a stronger future for people living with Early Onset Parkinson's Disease across Ireland.

Warm wishes,

The EOPD Ireland Team



Get Active with EOPD Ireland Free Exercise Classes, Waterford City

Register Today for Our FREE 12-Week Programme Designed Specifically for People Living with Early Onset Parkinson's Disease Early Onset Parkinson's Disease Ireland (EOPD Ireland), in partnership with Motiv8 Fitness, is…

Read more...



August 6, 2026

Help Shape the Future of EOPD Ireland: Members Survey

Help Shape the Future of EOPD Ireland At EOPD Ireland, everything we do starts with our community. As we begin planning for the next phase of our organisation, we want…

Read more...



August 6, 2026

Proposed Vehicle Adaptation Scheme: What We Know So Far

Proposed Vehicle Adaptation Scheme (VAS): What We Know So Far The Government has announced plans to introduce a new Vehicle Adaptation Scheme (VAS), with applications expected to open in early…

Read more...

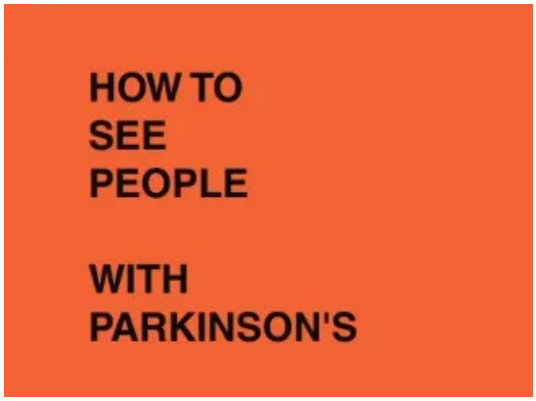


August 5, 2026

Join the EOPD Ireland Board of Directors – We're Recruiting!

We're Recruiting: Volunteer Treasurer & Board Director (Remote) Help shape the future of Early Onset Parkinson's Disease in Ireland. This is an opportunity to use your skills and experience to…

Read more...



July 29, 2026

New Creative Project Invites People with Parkinson’s Disease to Help Change How Society Sees Parkinson’s

How To See People With Parkinson’s: Seeking Participants Early Onset Parkinson’s Disease Ireland is delighted to share an exciting new creative initiative led by Artist and EOPD community member Martin…

Read more...



July 29, 2026

Brendan Completes Incredible Mizen Head to Malin Head Cycle, Raising €3,445 for EOPD Ireland

Brendan Completes Incredible Mizen Head to Malin Head Cycle, Raising €3,445 for EOPD Ireland 800 kilometres cycled. €3,445 raised. One incredible act of support. Everyone at Early Onset Parkinson’s Disease…

Read more...

Share Your Experience of the Produodopa Pump

Researchers at the **Royal College of Surgeons in Ireland (RCSI)** are seeking to speak with people living with Parkinson's who use the **Produodopa (foslevodopa/foscarbidopa) pump**, as well as their

caregivers, to learn about their experiences of living with and managing the device.

The study aims to better understand how the pump fits into everyday life, how treatment is managed over time, and any practical challenges, concerns, or unmet needs people may experience. By hearing directly from people using the pump and those who support them, the researchers hope to build a clearer understanding of the factors that matter most in day-to-day life and help inform future research and care.

If you use the Produodopa pump or care for someone who does and would be interested in sharing your experience, please contact **Kelly O'Neill** at **kellyoneill@rcsi.ie** for more information.

Become an EOPD Ireland Member



By becoming a member of EOPD Ireland, you're helping to build a stronger voice for people living with EOPD. Membership helps us better understand our community, demonstrate the need for services and funding, advocate for meaningful change, and ensure people living with EOPD are represented where decisions are made. Please consider signing up today for an annual fee of €25.

Become a member today

Exercise Classes Per Region



Move More.
Feel Better.

Staying active is one of the most effective ways to manage Parkinson's Disease, supporting mobility, balance, strength, confidence and overall wellbeing.

EOPD Ireland has created a growing directory of Parkinson's-specific exercise classes across Ireland, making it easier to find opportunities to stay active in your local area.

Find an Exercise Class Near You

Early Onset Parkinson's Disease in Ireland
Early Onset Parkinson’s Disease CLG 77 Lower Camden Street, Dublin DO2 XE80
Company Number 684095, Registered Charity Number 20206267 Revenue Number CHY22875

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